

Safety and Health in The Plantation OSHA and Relevant Health and Safety Laws

SPEAKER
DATE
VENUE

: **MR. S. THAVARAJ**
: **23 – 24 JUNE 2020**
: **ISP HEADQUARTES**
SUITE 3A01, LEVEL 3A, PJ TOWER,
AMCORP TRADE CENTRE
18 PERSIARAN BARAT, 46050
PETALING JAYA, SELANGOR



COURSE OBJECTIVE

- To enable participants to gain an insight into all the relevant safety and health laws (Labour Laws) in Malaysia
- To enable participants to raise issues in safety and health not provided for in the existing legislations
- Participants to learn the appropriate tools in identifying hazards in the plantation and in the plantation industry
- Participants to develop an effective an efficient safety and health program within the means of the management
- Participants to justify the need for a full time safety officer of the appropriate category
- Participants to make recommendations to the management on putting an effective safety and health program for their workplace
- Participants to acquire skills in basic First Aid
- Participants to cope with stress at workplace

LEARNING OUTCOME

- Safety and Health Laws in Malaysia
- Unmet needs in our laws and workers' rights
- Tools for hazard identification
- Crisis Management and Risk Communication
- Developing comprehensive safety and health programmes
- Requirement of safety officer
- Putting in force safety and healthy policies in the workplace
- Ergonomics and Workplace stress
- Sexual harassment
- First Aid

TARGET AUDIENCE

- ✓ Estate Managers
- ✓ Assistant Managers
- ✓ Safety Officers & others involved in OSHA

METHODOLOGY

- Lecture cum discussion
- Workshop
- Demonstration
- One hour walking tour (hazard identification)

REGISTRATION FEE

- ISP Member RM550 (inclusive of 6% SST)
 - Non-Member RM650 (inclusive of 6% SST)
- (inclusive of course materials, breakfast, lunch & 2 tea breaks)

WHAT YOU WILL COVER?

D A Y 1	MORNING SESSION (9.00 AM – 1.00 PM)	AFTERNOON SESSION (2.30 PM – 3.30 PM)
	<ul style="list-style-type: none"> i. Safety Laws in Malaysia - Briefing ii. Unmet needs and workers' rights - Workshop/ Discussion iii. Tools to identify hazards - Walking tour 	<ul style="list-style-type: none"> i. Crisis Management/ Risk Communication - Briefing and workshop

D A Y 2	MORNING SESSION (9.00 AM – 1.00 PM)	AFTERNOON SESSION (2.30 PM – 3.30 PM)
	<ul style="list-style-type: none"> i. Action Plan for Prevention and Promotion of Safety and Health - Workshop ii. Justification of a Safety Officer - Briefing/ Discussion iii. Recommendations for a Safety policy - Discussion/ Workshop 	<ul style="list-style-type: none"> i. Ergonomics and Workplace stress - Lecture ii. Sexual harassment and social issues - Lecture/ Discussion iii. First Aid - Demonstration



REGISTRATION FORM

Please register the following personnel to attend the training as above.
Please photocopy for multiple bookings.

Name: _____
I/C No.: _____
Email: _____
Member: RM 550.00 (Membership No.: _____)
Non-Member: RM 650.00

Special Dietary Requirement (Tick if applicable)

Vegetarian Others _____

Name: _____
I/C No.: _____
Email: _____
Member: RM 550.00 (Membership No.: _____)
Non-Member: RM 650.00

Special Dietary Requirement (Tick if applicable)

Vegetarian Others _____

Name: _____
I/C No.: _____
Email: _____
Member: RM 550.00 (Membership No.: _____)
Non-Member: RM 650.00

Special Dietary Requirement (Tick if applicable)

Vegetarian Others _____

Name: _____
I/C No.: _____
Email: _____
Member: RM 550.00 (Membership No.: _____)
Non-Member: RM 650.00

Special Dietary Requirement (Tick if applicable)

Vegetarian Others _____

*** All fee inclusive of 6% Sales & Service Tax (SST) for Malaysians only.

Company Name: _____
Person in Charge: _____
Telephone: _____
Email: _____
Address: _____

Company's Stamp/
Signature:

For office use only:

Date: _____ / _____ / _____
Amount: _____
Inv. No.: _____
OR No.: _____

PAYMENT METHOD

Cash (Walk in only)
 Online Transfer
 ATM Transfer
 Cheque/ Bank Draft
(Cheque/ Bank Draft No.: _____)

Credit Card Visa Mastercard

Card No.: _____

Cardholder's Name: _____

Bank's Name: _____

Expiry Date: _____ / _____ (mm/yy)

Signature: _____ Date: _____

Amount: RM _____

Payment can be made to **ISP MANAGEMENT (M) SDN BHD** bank account **AMBANK ISLAMIC BERHAD/ AMBANK BERHAD 888-101-596-8511**

** Please return the registration form and provide proof of payment to emails below

TERMS AND CONDITIONS

- ❖ Request for cancellation must be made in writing.
- ❖ 100% refund will be made for written cancellation received **6 days before the day of the Seminar**. Refund will be issued after the Seminar.
- ❖ No refund will be given for cancellation received after the Seminar. However, replacement is acceptable; please forward the replacement name to emails below.
- ❖ The registration form serves as the official invoice.
- ❖ All membership subscription should be paid before the day of the Seminar to entitle for members' rate, or else, non-members' rate will be applied.
- ❖ The Organisers shall not be held responsible for whatever cost (hotel reservation/ flight ticket) incurred by participants.
- ❖ The Organisers reserve the right to make changes to courses without prior notice whether in terms of date, time, venue or any other aspects.

Registration must be done by faxing/emailing the registration form to the following:

CONTACT PERSON

For **ENQUIRIES**:
☎ 03-7955 5561

Mr. Tharmaraj
✉ rajindran@isp.org.my

For **REGISTRATION**:
☎ 03-7955 5561

Ms. Siti NurNabilah
✉ nabilah@isp.org.my

DEADLINE
17 JUNE 2020

HRDF
Claimable

S. Thavaraj s/o S. Subramaniam
AMN Member of Board of Directors
Malaysian Health Promotion Board (MySihat)
Ministry of Health, Malaysia

EDUCATION/DEGREE

1. Bachelor of Science with Hons.
2. Universiti Sains Malaysia, Penang 1997
3. Post Graduate Course in Health Education Ministry of Health, Malaysia 1980
4. Master of Arts (Mass Communication) University of South Dakota, USA 1992
5. LLB (Bachelor in Law) (United Kingdom) 1996
6. Certificate in Legal Practice. 1997 (Malaysia)

MEMBERSHIP OF PROFESSIONAL SOCIETIES

- Malaysian Health Education Officers Association (member 1985 – 2006)
- Chief Editor of the Malaysian Health Education Officer's Bulletin (1986 – 1997)
- Member of the Malaysian Radio Amateurs Society (1986 – 1997)
- Chairman of Image, Promotion and Cleanliness Committee Public Health Institute (1995, 1996, 1997)
- Chairman of Continuous Professional Development (1998-2001)
- Chief Editor of Annual Report of the Institute for Public Health (1994-2006)
- Committee Member of Pupils Welfare Committee of KL Bar
- Committee Member of the Prisons Committee of the KL Bar
- Protem Committee Member of IOCOM

EMPLOYMENT

1977	Teacher, Sek Men Tengku Abdul Rahman, Nibong Tebal, Malaysia
1978	Teacher, Sek Men Sg. Pelek, Sepang, Malaysia
1978 – 1980	Health Education Officer in the Institute for Public Health, Ministry of Health, Malaysia
1980 - 1985	State Health Education Officer for Kedah, Malaysia
1986 - 1994	Assistant Director of Health (Health Education Officer) at the Ministry of Health, Health Education and Communication Centre, Kuala Lumpur
1995 - 2005	Head of the Health Education Division and Head of the Post Graduate Program in Health Education in the Institute for Public Health, Ministry of Health and MH Sc. Program of UKM
2005 - 2008	<ul style="list-style-type: none">• Director of the Health Promotion Institute, National Institutes of Health.• Ministry of Health, Malaysia• Consultant to the Ministry of Health in Risk Communication• Head and Teach the Post Graduate Program in the Institute for Health Behavioral Research and MH Sc Program of UKM• Teach Safety and Health for Plantation staff, FELDA, Open University Malaysia, and Incorporated Society of Planters• Teach Company Law and Business Law in the FTMS College in KL
July 2008 – Mac 2009	Pupilage in Chambers with Mssrs Sunita Sankey &CO, KL
2008 - 2010	Consultancy in Risk Communication to the Ministry of Health, Malaysia and ASEAN
August 2010 – August 2012	Director Research & Development Division, Malaysian Health Promotion Board
August 2012 to current	<ul style="list-style-type: none">• Part Time Lecturer in International Medical University KL teaching To Current Health Promotion for Masters in Science in Public Health Programme• Teach Business Law, Company Law and Employment to Anglia Ruskin University in FTMS College in KL• Conduct training in Labour Laws to plantation Managers• Teach Health Promtion for Masters in Public Health Programme in UNIMAS Sarawak• Provide consultancies in Health Promotion and Risk Communication to Ministry of Health, Malaysia
July 2012 to current	Practicing Advocate and Solicitor with the High Court of Malaya to current
January 2014 – January 2020	Member of the Board of Directors of the Health Promotion Board of Malaysia

WORK EXPERIENCE

Health Department, State Level. Kedah

1. Organised World Health Day celebrations at state level in Kedah as Secretary to Steering Committee in 1981, 1982, 1983, 1984 and 1985
2. Organised training programmes for medical and paramedics
3. Editor of the Kedah state annual health report from 1980-1985
4. Secretariat for preparing the 5th Malaysia Plan
5. Implemented and evaluated health education programmes for the Kedah state
6. Chairman for publicity committee of the various programs in the state

Ministry of Health, National Level. Kuala Lumpur

7. Planned health education components for the following programmes at the National level
 - Hepatitis B
 - Acute Respiratory Infections
 - Rubella
 - AIDS
 - Environmental Sanitation
 - Special school health programs
 - Radio, TV program at national level
 - Road accidents
 - Nationwide awareness campaign for cardiovascular disease
 - Also Secretariat for the nationwide Campaign for the promotion of Healthy Lifestyle Program spanning 6 years – (1991-1997)
8. Publicity Chairman for Health Campaigns organized by the Ministry of Health, Malaysia from 1991- 1995
9. Secretary for the Drug Prevention and Control Committee for the Health Division, Ministry of Health
10. Secretary for The World Health Day celebrations at the National Level
11. Served in the Secretariat for Brunei Indonesia, Malaysia Border Conference held in Ming Court Kuala Lumpur 1991.
12. Served in the publicity committee for WHO Regional Committee Meeting in Kuala Lumpur 1994.
13. Organised Annual Press Conference for the Ministry of Health 1994 in Holiday Inn, Kuala Lumpur.
14. Organised Media Seminar for Media Personnel 1995 in Kuantan, Pahang.

Institute for Public Health/ Health Promotion

15. Publicity Chairman for Special Activities in the Institute for Public Health, Ministry of Health.
16. Developed the PROSTAR (HIV/AIDS Peer Education) Training Module and facilitated several training programmes for the Ministry of Health
17. Facilitator for the CERAH (Alcohol, Drug and Smoking Prevention programme) programme
18. Teach and coordinate modules on Health Promotion, Health Education, Behaviour Sciences, Community Health, Communication and Media, Management and Patient Education for the Post Graduate Course in Health Education (now Master of Health Sciences by the National University – Universiti Kebangsaan Malaysia).
19. Also teach Business Law, Professional Communication, Occupational Safety and Health and Management on invitation by Private bodies
20. Chairman for Quality Day Committee for the Institute for Public Health
21. Chairman of the Abstract Committee of the First Asia Pacific Conference of Public Health 2004
22. Chairman for Publicity Committee for the Third National Health Morbidity Survey
23. Research member of the "Sexual Behaviour" component of the Third National Health Morbidity Survey

Universities

1. Taught Health Promotion, Behaviour Sciences, Community Health, Communications and Media, Program Planning and Health Management for UKM, UNIMAS and IMU undergraduates and Post Graduates
2. Teach Safety and Health for Open University Malaysia
3. Taught Biology, Environmental Science, Business Law, Legal Framework, Sociology, Psychology, World Religions and Anthropology at PJ Community College.

Private sector

1. Teach Business Law and Company Law in Private Colleges 2008-Current.
2. Teach Occupational Safety, Health and Labour Laws for FELDA and Incorporated Society of Planters 1998 to Current
3. Teach Health Communication and Media Ethics at KPJ College, Nilai. 2015 to Current

Articles Written

1. Efficiency of Canal Biodegradation of Palm Oil Sludge and its pollution effects. May 1978 - Bulletin of the Japanese Society of Scientific Fisheries.
2. Antismoking program of the Ministry of Health for SIHAT magazine of Ministry of Health
3. Technical Report: Health Education Programme Plan, Implementation and Evaluation for Nationwide Health Education Program for Hepatitis B.
4. Technical Report: Health Education Programme Plan, Implementation and Evaluation for Nationwide Health Education Program for Acute Respiratory Infections.

5. Communication in Nutrition Promotion for Asean/ New Zealand Workshop 1995.
6. Innovative approaches to Safety and Health: presented in the 2nd Incorporated Society of Planters Seminar in Kuantan, Pahang in 2002
7. Article on the Post Graduate Course in Health Education for the Director General's Technical Report 2003/2004
8. Annual Report of the Institute for Public Health 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003 and 2004
9. Alcohol consumption among plantation workers in Tanah Merah Estate, Negri Sembilan (project paper) presented in the First Asia Pacific Public Health Conference in Kuala Lumpur in 2004
10. Focus Group Discussion on Risk Communication (Research Paper)

Film/Documentaries Produced

Hypertension	-	for RTM & Ministry of Health
Rubella	-	“
Hepatitis B	-	“
Blood Donation	-	“
Anti Smoking	-	“
World Health themes	-	for TV Pendidikan & Ministry of Health
Health Programs (Special Health Documentaries on Health)	-	for TV3 & Ministry of Health

Research

1. Acute Respiratory Infection in 1990 in Kelantan.
2. National Health Morbidity Survey in 1996 at Public Health Institute as a member of the Publicity Committee.
3. Sexual Behaviour of College students (unpublished)
4. Alcohol Intake Among Plantation workers in Tanah Merah estate Negri Sembilan (unpublished) 2004
5. Breast Self Examination intervention project among mothers in Kuala Muda, Kedah (unpublished) 2004
6. Diabetes health education intervention project among patients visiting Slim River hospital (unpublished) 2005
7. Dengue health education intervention project among hostelites in the Universty Kebangsaan Bangi Campus, Bangi (unpublished) 1997
8. Health education intervention project to reduce weight in the community in Perlis 1999
9. Nation- wide Focus Group Discussion Research on Risk Communication among 24 groups encompassing about 250 individuals (unpublished) presented in scientific meetings.
10. Publicity Committee Chairman of NHMS3, Central Field Supervisor for Sabah, Deputy Chairman for Sexual Behaviour Group, Facilitator for data collectors
11. Lifestyle of senior citizens, a survey
12. Knowledge Attitude and Practice of the community and food handlers in the State of Kelantan
13. Evaluation of the Health Lifestyle Campaign: Smoking
14. Use of antibiotics among patients
15. Adolescents sexual behaviour
16. Obesity prevention and control programme
17. Focus Group Discussion on Dengue adopting the Health Belief Model
18. Community survey on creating smoke free zone in Pulau Bum Bum Sabah.

Training;

- Organised, Coordinated, Conducted and Supervised 7 Post Graduate courses in Health Education for Health Education Officers from the Ministry of Health.
- Trained 160 Health Education Officers for the nation
- This program is currently being jointly conducted by the Institute for Health Promotion, Institute for Public Health and the National University
- Conducted 30 short courses for the Ministry of Health in Risk Communication, Patient Education, Communication, Speech Writing and other relevant areas in Health Education as requested. 532 staff from various categories have been trained in the above fields
- Training for NGOs in Health Promotion

Training Modules Developed

- Risk Communication for Ministry of Health Personnel and ASEAN
- Health Promotion for NGOs
- Obesity for NGOs
- Healthy Eating for NGOs
- Healthy Mind for NGOs
- Physical Activity for NGOs

Award

- Received award of excellence in the government service for the year 1996 (menegak)
- Received award of excellence in the government service for the year 2003
- Received award AMN from the King of Malaysia in 2002

Fellowship

- WHO Fellow to the HIV/ AIDS media workshop , Manila 1989
- WHO Fellow to the USA on Media Campaign Strategies 1991
- ADB Fellow to the USA on Media Campaigns 1992
- Crisis Management workshop in Singapore, 2001
- Disaster Management course in John Hopkins School of Public Health, USA.
- July, 2004 Visited Health Promotion Institutes in Canada and the USA (NIH and CDC), 2006

Papers Presented

- Presented paper on Population Health, Malaysia in the Institute for Health Promotion, Ottawa, Canada on 23rd October 2006
- Presented paper on Post Graduate Training in Health Promotion in Malaysia in the International Conference in Health Promotion and Education (IUHPE) in Vancouver, Canada 15th June 2007
- Presented paper on Risk Communication for Maternal Deaths in Penang in November 2007
- Presented paper on Behaviour Theories and Models in Patient Care at the Mental Health Conference in Penang on January 23rd 2008
- Implementation of Safety Programme in Plantations for National ISP seminar June 2009 , Kota Kinabalu

Consultancy

- Risk Communication 1998-2010
- Health Education and Health Promotion 1994-2008
- Occupational Safety and Health (Law and Education) 1994-2008
- Appointed Consultant in Risk Communication for ASEAN +3 for Emerging Diseases by the Ministry of Health, Malaysia in 2008, continued in 2009 and 2010
- Consultancy on Safety and Health for Kim Loong in Keningau, Sabah. May 2009